

E1 Shootout from Blue Lines - Latvia U20

Key Points:

Goalie play from out to backing in to the net ready to poke check if the player exposes the puck. Shooters make the goalie move first and shoot where they are coming from and not where they are going. Shoot five hole if they open up, high if they go down and just over the pad and under the glove when they are down. Make them cover the entire width of the net by coming in from a side.

Description:

Players line up along the blue lines at each end and take turns shooting. Create competitions and eliminations to make it competitive.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120229081043104>

