

B2 - D to D Options x 4 - Point Shots - U17

Key Points:

Give a target, make firm passes and keep the stick blade square when receiving passes. Goalie direct the rebound to the corners.

Description:

- A. Player 1 and 2 at the top of the circles.
- B. Player 3 and 4 on each point.
- C. Player 3 pass down to 1 across to 2 up to 4 who shoots.
- D. 1 get a puck from the corner and pass behind the net to 2 up to 4 who shoots.
- E. Player 4 pass down to 2, across to 1, up to 3 who shoots.
- F. Player 2 get a new puck, pass behind to 1, up to 3 who shoots.
- G. Rotate with 3-4 moving into the zone and 5-6 on the points.

** Players should practice passing and shooting from both sides and add D to D one timer point shots.*

** Practice all of the breakout options: over, counter, reverse, wheel, quick up.*

** Practice hinging outside and back and back to the outside.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150916092308212>

<https://youtu.be/tiW2TVE24Og>

