

B2 Point Shots - Canada U20

Key Points:

Pointman should skate along the line and shoot instead of forward towards the defender. Get inside the dots and shoot. Move laterally in order to miss the shot blocker. Shoot off the ice over sticks low enough to hit the goalies pads and produce rebounds or create deflections. Use snap shots and one timers to get the shot off quickly.

Description:

1. Coach pass to 1 at the point who skates along the blue line inside the dot and shoot.
2. Coach pass to 1 at the point who passes to 2 at the far point and 2 shoots.
3. Coach pass to 1 at the point and 1 pass across to 2 at the far point who skates wide passes back to 1 who skates to the mid-point and shoots.

**The coach alternates passes from easy to ones that are difficult to control.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20210405151235634>

<https://youtu.be/rjnjoeVpAMA>

